



Healthy Kids Ohio: The Greater Cincinnati Pilot Learning Collaborative

Healthy Kids Ohio is a primary care practice improvement collaborative created to assist practitioners in responding effectively to the epidemic of childhood obesity in Ohio. We are currently recruiting primary care practices to participate in this collaborative.

What are we doing?

- The aim of this collaborative is to assist primary care practices in establishing systems to ensure that every child receives proper preventive care, evaluation, and treatment for pediatric overweight and obesity, and that each child is linked with appropriate community resources.
- Participating practices will receive the tools and coaching needed to assist them with implementing changes based on the needs of their practice.

Practices that participate will be asked to:

- Designate a 3-person team responsible for implementing changes in their practice. Participation will last approximately 11 months, through December 2010.
- Collect small amounts of data to help monitor their practice's progress. The data to be collected is based on current HEDIS measures.
- Attend local one-day workshops over the course of the collaborative that will supply the tools needed to implement changes and provide access to local and national experts in childhood obesity. The next scheduled workshop will be on April 7, 2010. Additional details will be posted on the Healthy Kids Ohio website.
- Participate in an email listserv and monthly conference calls with obesity and improvement experts.
- Share lessons learned and best practices.

What are the benefits of participation?

- Collaborative participants will be able to fulfill the new requirements for the American Board of Pediatrics Maintenance of Certification that begins in 2010.
- At local workshops, teams will have access to local and national experts in childhood obesity and learn from other local practices about assessing obesity risk and providing counseling to patients and families.
- Practices will receive regular feedback from collaborative experts during data collection.
- Participating practices will receive a comprehensive guide to physical activity and nutrition resources in the greater Cincinnati area to assist in providing information to patients and family members

How do practices get involved?

- To participate, visit our website at <http://healthykidsohio.org/> to complete a brief application.
- Attend an informational call in February to get more details about the collaborative. Visit our website for details on these calls.

The Centers for Health Care Quality and Child Policy Research at Cincinnati Children's Hospital Medical Center are conducting this collaborative effort. Healthy Kids Ohio is funded by the Ohio Department of Job & Family Services, the University of Cincinnati, and Cincinnati Children's Hospital Medical Center (CCHMC).

